Alexander Technique Training Course Family Tree

This is only a draft for the purpose of providing a quick overview. It only states from which course a teacher has been certified; some teachers have changed training course during their training. It is not a guide to teaching style as some teachers have been trained in one style and have later adopted another style. Also, some teachers have run training courses jointly and later individually. The list only includes Head of Training (not Assistant Director). Some training courses were/are a ‘cooperative’, run by several teachers (e.g. ACAT, ATA). ACTA Heads of training include Deborah Caplan, Barbara Kent. Anybody who professes to train teachers here are included, and so it is not restricted to only Alexander and STAT and STAT affiliated training courses. The purpose is not to record teaching styles but to provide an overview of all the Heads of Training/training courses which have run since Alexander’s own course. Thus the ‘family tree’ lay-out provides a structure. Including F. M. Alexander there have been at least 185 teachers running teachers training courses (including apprenticeships). Note that of course a teacher may have run several training courses, so the actual number of training courses would be greater. Please see page 6 for a list of teacher trainers who are not in the ‘tree’ because their training is not known.
† = deceased.

F. M. Alexander

Irene Tasker†
A. R. Alexander†
Alma Frank

Lulie Westfeldt†

Elizabeth + Dick Walker†

ACAT + Judith Leibowitz†
Lucia Walker
Sharyn West

Troupe Mathews?

Frank Ottiwell†
Melissa Matson

Nancy Wanich
Romita

Missy Vineyard
Ron Dennis
Lydia Yohay
N. Brooke Lieb

Daniel Süsstrunk

Adam + Rosemary Nott
Stephen Cooper†

Patrick Macdonald†
Marjorie Barstow†
Walter Carrington†
Goddard Binkley†
Peter Scott†

See separate chart
See separate chart
See separate chart

Hitomi Ono

Christine Batten
Lynn Charleston Klein*
Heidi Brende
Leathwood

Vivien Schapera

† = deceased.

Jean M. O. Fischer, May 2019

* At one time run together with Pamela Blanc and John Louis Rodgrigue.
When Aksel died in 1984, Mary McGovern became Assistant Director until 1985. Then Jørgen Haahr became Assistant Director.

* Jeremy Chance adopted Marj Barstow’s teaching style.

† Later Elizabeth Langford.

‡ When Aksel died in 1984, Mary McGovern became Assistant Director until 1985. Then Jørgen Haahr became Assistant Director.

* Jeremy Chance adopted Marj Barstow’s teaching style.
An unusual training course as it had a number of different directors who stayed for a term or more from the UK – Don Burton, Vivien Mackie, Jean Clark, Christine Ackers and Andrea Beasley, approx. 1982–1985.
Patrick Macdonald

Catherine Wielopolska
Misha Magidov
Giora Pinkas
Peter & Ellie Ribeaux
Marie-Françoise Le Foll
Patrick Macdonald

Sumi Komo
Schmuel Nelken
Rivka Cohen
Uri Eshet
Avi Granit
Terry Fitzgerald
Yehuda Kuperman

Anthony Kingsley
Dan Armon
Matthias Graefen

Lena Schibel
Daniele Bottaro
Kathrin von Schroeder
Ruth Gysin

Milaka Fortwängler
Wilfried Hanefeld

Jörg Aßhoff
Maud Krhajac
Olivia Rohr
Renate Wehner

Jeppe Juhl
Christensen

Joseph Artzi
Ruth Kilroy
Diana Devitt-Dawson
Thomas Lemens
Odysée Gaveau
Suzie Sanderson & Chris Element
Shaike + Linda Hermelin

Caren Bayer

Ilana Machover
John Hunter
John Baron
Bryan McKenna
Fumie Hosoi
Gilles Estran

‘Kitty’ Wielopolska started on F. M. Alexander’s first training course, but finish later with Macdonald.

* A training course run together with Dan Armon.

§ See also Wilfried Hanefeld.

¶ Ran a training course run together with Yehuda Kuperman.
Did part of his training with Joe Armstrong.
Teachers running (or ran) training courses where knowledge of their training is not known:

Aileen Crow (USA)
Joyce Suskind (USA)
Kathryn Miranda (USA)
Ruth Diamond (USA)
Michelle Charron (France, Canada?)
Greg Holdaway (Australia)
Adrian Mühlebach (Switzerland)
Irma Rellstab (Switzerland)
Walter Tschaikowski (Germany)
Thomas Fehr?
Eva Maria Keller?
Stanton Hobbs (Germany)
Klaus Bartmann (Germany)
Agnès de Brunhoff (France)
Eulalia Sagarra (France)
Galit Zeif (Israel)
Zeeu Tadmore (Israel)

Only surnames known:

Egan
Muir
Bayer
Hogan
Rosenberg